

Three Day Trail Ride – Washington Junction to Eastport

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Our party consisted of just us two women who hauled our own gear by bike trailer.

Day 1: Washington Junction to Cherryfield and Milbridge: a very easy 34 miles

8:30 am parked at Washington Junction parking lot and on the bikes at 9:30 am

We got off the Sunrise Trail between milepost 28 and 29 in Cherryfield and picked up Rt.182, took a right for approximately 1 mile to Rt.1. Took another right for approximately 6 miles into Milbridge.

2:00 pm: We got into Milbridge and checked into the [Red Barn Restaurant and Motel](#). We have stayed there before on another bike trip and knew what to expect. The important thing was a hot shower and a clean bed, it met our needs. The room did come equipped with a fridge and microwave which the fridge came in real handy. The Red Barn Restaurant was closed for renovations. However, to our good fortune the [44 Degrees North](#) was open which serves an excellent meal. The Mobile Convenience store in Milbridge had a fire so they are closed. The town does have a nice little Hannaford grocery store. Everything is within a very easy walking distance from the motel.

Milbridge was a great stop. It had the services that we needed, that being a bed and food. If you were having bike and gear problems you would be pretty much on your own.

Day 2: Milbridge / Cherryfield to Machias: a very easy 35 miles

8:00 am: The [Milbridge House](#) for a very hearty breakfast.

9:30 am: On bikes, took Route1 approximately 6 miles back to Cherryfield. Took a left onto Route193 for approximately 1 mile to Sunrise trailhead which puts you back on the trail at almost milepost 30

2:00 pm: Milepost 58-59 Machias: This stay was just way to much fun. We got to Machias and looked across Route 1 to see our motel the Machias Inn, how sweet was that, but even better we continued on maybe another 500 ft. and came out at Dunkin Donuts. Coffee and donuts never tasted better! Machias is very cool because you never have to leave the trail, everything is right there. As mentioned, we stayed at the [Machias Inn](#) which was by far the nicest motel of the trip. They had very large clean rooms with fridge. We checked into our room and then walked around town, had to go see the [Bad Little Falls](#) which are quite impressive. That evening for dinner we went to the [Bluebird Ranch Family Restaurant](#) which serves a pretty decent meal. Across the street was an Irving Convenient store for all your snacks and drink needs.

Day 3: Machias to Eastport: a difficult 47 miles due to very high winds

7:45 am: A hearty breakfast at Helens, which sits next to motel

8:30 am: On bikes and headed for Ayers Junction, approximately 29 more miles. At milepost 77 we experienced our first flat tire of the trip. I mention this because it's important to realize just how remote this section of the trail is. Once leaving East Machias you do not encounter any services again until we continued on to Route 1. As I mentioned, we carried our gear so we had spare tubes and cylinders so we were all set, more of an inconvenience than anything else. But we were very fortunate when we had the flat a man and his wife came by on ATVs and waited until we had the tire changed and back on the bikes

before they took off. These were the only two people we had seen all morning (Biker Guardian Angels worked for us).

We were happy to see milepost 87 but knew we still had a haul ahead of us with the winds becoming stronger by the moment and the sky getting darker. We took a right at the end of the trail onto Route 214 for 4 miles to Route 1 into Pembroke which has an Irving Convenient store as you get off 214. We were hoping to find an air compressor at this store but they do not have one. However, back on Route 1 heading north is a Mobile Station and store that had one. So after we were sure we had enough air we got back on Route 1 headed for Eastport. We were on Route 1 approximately 6 miles before the turnoff for Eastport on Route 190 for 7 miles into town. The wind was really blowing and it was an extremely hard 7 miles into Eastport especially when you got to the causeways and the crosswinds, hold on tight!

3:00 pm: Rode into Eastport and checked into [Motel East](#). Again, we had stayed here on a previous bike trip so we knew what to expect. There are some Bed and Breakfasts in town which we would definitely check out next time.

Dinner was at the [Pickled Herring](#) which was excellent, the best meal of the trip. We would highly recommend. Again, everything was within a very short walking distance from the motel.

Day 4: Eastport to Washington Junction Shuttle

8:00 am: Breakfast at [Waco Diner](#), the only restaurant open for breakfast. If you like greasy food then this is the place for you!

11:00 am: [Sunrise Canoe and Kayak](#) shuttle van picked us up at motel. We had Luke as our driver. He was great. He was right on time, loaded all our gear in the van and got us back safely to Washington Junction. We had arranged for the shuttle before we left home so everything was prearranged. The price and service really worked well for us.

We had a really wonderful trip. The biking was fantastic, the people were great, the ATVers were very respectful of bikers, the scenery was incredible, and even the weather was great. Our only disappointment was we would really loved to have a picture of us at the beginning and the end of the trail next to a really nice Sunrise Trail sign. Oh well, maybe next time.